June 2017

Dear Current Y1 & Y2 Parents

## School lunches at The Shrubbery School.

Children from Y1 to Y6 follow a "choose on the day" system for school meals.

Catering staff will encourage children to experiment whilst managing their choices to ensure they get a balanced meal. Schools have a unique role in helping children learn and develop good healthy eating habits for life, creating happier, healthier adults of the future and choosing their own food at lunchtime is part of this process. Please take the time to discuss the menu with your child and the importance of making healthy choices.

The menu offers a meat option and vegetarian option as well as a vegetarian jacket potato or pasta option and we will continue to serve a selection of sandwiches. Children go in for lunch on a rota basis and we will ensure there is a choice for all children. Children in Y1 and Y2 that go swimming will continue to have a packed lunch when they return from swimming.

From September 2017 all infant children (Reception to Y2) will be provided with a school meal which will be included in the school fees. Children in current Reception already have their meals included in their school fees.

<u>Please complete the slip below with any dietary requirements your child has and return it to the school office by Friday 30<sup>th</sup> June 2017.</u>

Yours sincerely	
AIP Ltd/The Shrubbery School	
School Lunches	

Details of specific dietary requirements on health or faith grounds – i.e. Vegetarian/vegetarian but eats fish