

**The Shrubbery School Menu Week One – weeks commencing 11<sup>th</sup> September, 2<sup>nd</sup> & 30<sup>th</sup> October, 20<sup>th</sup> November, 11<sup>th</sup> December, 2018 - 15<sup>th</sup> January & 5<sup>th</sup> February**

<b>Week 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Choice 1</b>	<b>Pork Sausages with Mashed Potatoes and Gravy</b>	<b>Chicken Korma with Rice</b>	<b>Roast Chicken with Stuffing, Roast Potatoes, and Gravy</b>	<b>Beef Bolognese with Pasta</b>	<b>Breaded Fish and Chips</b>
<b>Choice 2</b>	<b>Vegetarian Sausages with Mashed Potatoes and Gravy (V)</b>	<b>Tomato Pasta Bake (V)</b>	<b>Veggie Slice with Roast Potatoes and Gravy (V)</b>	<b>Quorn with Savoury Vegetable Rice (V)</b>	<b>Cheesy Vegetable Wrap with Chips (V)</b>
<b>Choice 3</b>	<b>Pasta Bar with Sauce (V)</b>	<b>Jacket Potato with various fillings (V)</b>	<b>Pasta Bar with Sauce (V)</b>	<b>Jacket Potato with various fillings (V)</b>	<b>Pasta Bar with Sauce (V)</b>
<b>Choice 4</b>	<b>Sandwich Option with either Ham, Tuna or Cheese</b>	<b>Sandwich Option with either Ham, Tuna or Cheese</b>	<b>Sandwich Option with either Ham, Tuna or Cheese</b>	<b>Sandwich Option with either Ham, Tuna or Cheese</b>	<b>Sandwich Option with either Ham, Tuna or Cheese</b>
<b>Veg</b>	<b>Broccoli and Carrots</b>	<b>Sweetcorn and Green Beans</b>	<b>Carrots and Cabbage</b>	<b>Peas and Cauliflower</b>	<b>Sweetcorn and Baked Beans</b>
<b>Dessert</b>	<b>Lemon Drizzle Cake</b>	<b>Fruit Jelly</b>	<b>Chocolate Cookie</b>	<b>Fruit Crumble with Custard</b>	<b>Chocolate Loaf</b>

**(V) = Vegetarian option**

**The Shrubbery School Menu Week Two – weeks commencing 18<sup>th</sup> September, 9<sup>th</sup> October, 6<sup>th</sup> & 27<sup>th</sup> November, 18<sup>th</sup> December, 2018 - 22<sup>nd</sup> January & 12<sup>th</sup> February**

<b>Week 2</b>	<b>Meat Free Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Choice 1</b>	<b>Veggie Sausage Roll with Potatoes and Gravy (V)</b>	<b>Breaded Chicken with Wedges</b>	<b>Roast Pork with Stuffing, Mashed Potatoes and Gravy</b>	<b>Beef Lasagne</b>	<b>Fish Fingers with Chips</b>
<b>Choice 2</b>	<b>Cheesy Pasta Bake (V)</b>	<b>Vegetable Omelette with Wedges (V)</b>	<b>Veggie Sausage with Mashed Potatoes and Gravy (V)</b>	<b>Vegetable Hotpot (V)</b>	<b>Veggie Goujons with Chips (V)</b>
<b>Choice 3</b>	<b>Jacket Potato with various fillings (V)</b>	<b>Pasta Bar with Sauce (V)</b>	<b>Pasta Bar with Sauce (V)</b>	<b>Jacket Potato with various fillings (V)</b>	<b>Pasta Bar with Sauce (V)</b>
<b>Choice 4</b>	<b>Sandwich Option with either Tuna or Cheese</b>	<b>Sandwich Option with either Ham, Tuna or Cheese</b>	<b>Sandwich Option with either Ham, Tuna or Cheese</b>	<b>Sandwich Option with either Ham, Tuna or Cheese</b>	<b>Sandwich Option with either Ham, Tuna or Cheese</b>
<b>Veg</b>	<b>Carrots and Green Beans</b>	<b>Coleslaw and Baked Beans</b>	<b>Carrots and Cauliflower</b>	<b>Sweetcorn and Broccoli</b>	<b>Peas and Baked Beans</b>
<b>Dessert</b>	<b>Fruity Flapjack</b>	<b>Iced Carrot Cake</b>	<b>Fruit Jelly</b>	<b>Apple Sponge with Custard</b>	<b>Chocolate Crispy Cake</b>

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**The Shrubbery School Menu Week Three – weeks commencing 25<sup>th</sup> September, 16<sup>th</sup> October, 13<sup>th</sup> November, 4<sup>th</sup> December, 2018 - 8<sup>th</sup> & 29<sup>th</sup> January**

<b>Week 3</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Choice 1</b>	<b>Chicken and Tomato Pasta</b>	<b>Beef Cottage Pie</b>	<b>Roast Turkey with Roast Potatoes and Gravy</b>	<b>Pork Meatballs in Tomato Sauce with Pasta</b>	<b>Breaded Salmon with Chips</b>
<b>Choice 2</b>	<b>Cheesy Bean Slice With Herby Dice (V)</b>	<b>Vegetable Lasagne (V)</b>	<b>Quorn Fillet with Roast Potatoes (V)</b>	<b>Sweet Potato and Chickpea Curry with Rice (V)</b>	<b>Cheese and Tomato Pizza with Chips (V)</b>
<b>Choice 3</b>	<b>Jacket Potato with various fillings (V)</b>	<b>Pasta Bar with Sauce (V)</b>	<b>Jacket Potato with various fillings (V)</b>	<b>Jacket Potato with various fillings (V)</b>	<b>Pasta Bar with Sauce (V)</b>
<b>Choice 4</b>	<b>Sandwich Option with either Ham, Tuna or Cheese</b>	<b>Sandwich Option with either Ham, Tuna or Cheese</b>	<b>Sandwich Option with either Ham, Tuna or Cheese</b>	<b>Sandwich Option with either Ham, Tuna or Cheese</b>	<b>Sandwich Option with either Ham, Tuna or Cheese</b>
<b>Veg</b>	<b>Mixed Vegetables</b>	<b>Broccoli and Cauliflower</b>	<b>Carrots and Green Beans</b>	<b>Peas and Cabbage</b>	<b>Baked Beans and Sweetcorn</b>
<b>Dessert</b>	<b>Shortbread Fingers</b>	<b>Chocolate Mousse</b>	<b>Raspberry Slice</b>	<b>Sticky Toffee Pudding with Custard</b>	<b>Blueberry Cake</b>

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